



Rhyme Time

'Bubble Gum

My mommy gave me a **nickel**,
She told me to buy a **pickle**,
But I didn't buy a pickle
I bought, bubble gum,
Bazooka – zooka bubble gum
Bazooka – zooka bubble gum
My mommy gave me a **dime**,
She told me to buy a **lime**
But I didn't buy a lime
I bought, bubble gum,
Bazooka – zooka bubble gum
Bazooka – zooka bubble gum
My mommy gave me a dollar
She told me to buy a collar
But I didn't buy a collar
I bought some bubble gum,
Bazooka – zooka bubble gum
Bazooka – zooka bubble gum



Father's Day is celebrated the third Sunday in June. June 17th Fathers enjoy receiving love and admiration from their children on this special day.

Let children make a
Father's Day Card!



Fold a piece of paper in half and make a # 1. On the front of the card print **DAD, you're number 1 to me!**

On the inside, write this poem:

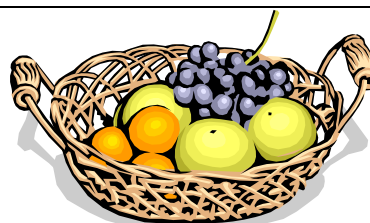
Happy Father's Day!
You're tops! You're the Best.
Dad,
You're kind and helpful
And lots of fun.
You're the best dad ever!
You're number 1!

Stepping Stones Children's Centre Early Registration

Registration will be held on **Thursday June 21st** from 6:30 - 8:00 pm @ Stepping Stones Children's Centre for daycare and preschool component classes and for the year 2012/2013. All spaces are reserved with post-dated cheques. If you require 4 or more full days per week for daycare, please call Nancy and let her know before the 18th. **Please bring a recent picture of your child; this is required by licensing.**

Anyone is welcome.

For more information please call 265-4666
or email at nccs@nakusp.net



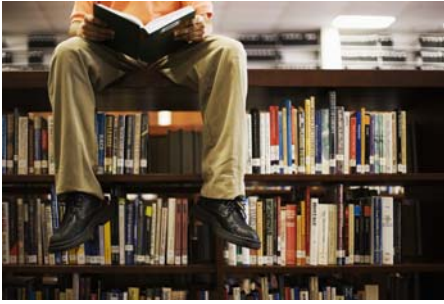
Health Hints Eat Local this Season

Food that has been grown locally tastes better, is fresher, and is often more nutritious than food that has travelled long distances. Buying local food also helps support local farmers, the local economy, and is often better for the environment.

We are lucky to have an abundance of locally grown produce choices in BC. Take advantage of this luxury and indulge in the crisp, juicy, and flavourful difference that local food offers. Try some or all of the following activities to explore local eating this season:

- Plan your shopping around your local farmer's market
- Ask your grocer which products they source locally
- Buy your bread from the local bakery
- Go on a farm tour with the family – children will learn where their food comes from and spur interest in trying new foods
- Plan to have a family strawberry picking day in June, cherries in July, and peaches in August at a u-pick farm or orchard

You can't get more local than growing your own food! Warm weather foods include corn, beans, peppers, eggplants, tomatoes, squashes, and pumpkins. Plant these as soon as possible for best results. Container or patio gardens are also fun for kids—cherry tomatoes, squashes, eggplants and green beans are options.



Visit Nakusp Public Library

New Hours:

Monday: 6:00 - 9:00 pm

Tuesday - Friday: 12:00 - 5:00 pm

Saturday: 10:00 - 5:00 pm

Library cards are free.

Remember the library is yours.

For more information contact
250-265-3363 or info@nakusplibrary.ca

Watch for posters on programs
for the summer!

Health Hints

Be Sun Smart this summer

- Limit sun exposure between 10 am and 4 pm and especially around midday.
- Use wide-brimmed hats, and wear clothes that shade the skin.
- Use an SPF sunscreen of 15 or higher.
- Protect children even on cloudy days.
- Encourage your child to play in the shade as much as possible.
(Interior Health)



Burton Beach Daze

June 22nd, 23rd & 24th 2012

BURTON HISTORICAL PARK

145 Lakeview Park Road

***Come on down and join in
on the celebrations.***

Activities for all ages.

Everyone is welcome!

Friday, June 22nd

- Beer Garden and Concession Stand, Horseshoe Tourney, Music and Bonfire

Saturday, June 23rd

- Pancake breakfast, Amazing Relay race, LaDeDa Carnival Parade, Concession stand, lawn games, dunk tank, beer gardens, fishing registration.

- Dinner 5:30 pm

Sunday, June 24th

- Pancake breakfast, Bocce, Fishing Derby, Outdoor Church Service, Volley Ball Tourney, Bingo, Beer Gardens, Concession stand, lawn games.

- Community potluck 5:30 pm



For more information and to register for an event:

Al Ralston 250-265-4290, Linda Golds 250-265-4137 and Wayne Cromwell 250-265-3820.

Burton has one of the largest beaches in the West Kootenays & don't forget that it is Father's Day!

Proceeds from this event will support the Community Park Shelter.



If you would like to be added/or removed from the list for Family Connections Newsletter, Please contact Nancy Bone at 250-265-4666 or email at nccs@nakusp.net.



Nakusp Childcare Society/Success by Six

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